

**Diabetes Programme for 2021 Healthcare professionals, for KERNOW Health CIC**

The MERITTM Programme for **2021**has been developed by Novo Nordisk.

The aim of the programme is to support the development of skills and competency in the management of Type 2 Diabetes in the primary care setting in line with TREND competencies <https://diabetestimes.co.uk/wp-content/uploads/2019/03/Framework_5th_EDN_TREND.pdf>.

**What is the MERIT**TM **programme?**

MERIT™ (Meeting Educational Requirements Improving Treatment) is a two-part flexible education programme developed by Novo Nordisk. MERIT™ is a competency-based programme and is for all healthcare professionals involved in diabetes care.

The programme will combine the theory required to support diabetes management followed by the provision of tailored clinical support from specialist diabetes teams. It is recommended that all healthcare colleagues attend together to maximise learning opportunities back in practice.

**How to book a place**

The programme consists of 3 modules (split into 2 sessions per module) which can be accessed individually or as a whole programme throughout the year. Bookings are made directly with the programme co-ordinator (details on page 2).

**Venues and timings for courses**

All courses will take place at **Virtually Via TEAMS** unless otherwise stated.



**Please see the module information overleaf for more detailed information**

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This programme has been accredited by the RCN Centre for Professional Accreditation

Accreditation applies only to the educational content of the programme and does not apply to any product.

**MERIT™ was developed and funded by Novo Nordisk**

**Pre-insulin Treatment and Management of people with Type 2 Diabetes**

5th October Part 1 14.00-16.30

12th October Part 2 14.00-16.30

This module provides an overview of diabetes therapy prior to insulin treatment and is suitable for all healthcare professionals involved in the management of diabetes who require updating with the latest guidelines and therapies

**4 CPD Points**

**Insulin Management for people with Type 2 Diabetes**

7th December Part 1 12.00-14.00

14th December Part 2 12.00-14.00

This module follows on from the first day or can be run as a stand-alone day and the aims are to revise insulin therapy and to address the challenges of managing people with type 2 diabetes on insulin therapy.

**4 CPD Points**

**Insulin Initiation for people with Type 2 Diabetes**

21st September Part 1 12.00-14.00

28th September Part 2 12.00-14.00

10th November Part 1 14.00-16.00

24th November Part 2 14.00-16.00

This module is for healthcare professionals who are planning to include insulin initiation for people with type 2 diabetes as part of their clinical role, or for those who already initiate insulin but feel that they need basic revision.

**4 CPD Points**

**Starting people on GLP1 RA Therapy**

15th September (Complete Module) 14:00-16.30

This module covers all aspects surrounding GLP1 RA therapy where it is appropriate.

healthcare professionals should feel confident to consider GLP1 RA therapy treatment for their patients.

**2 CPD Points**

**For booking or enquiries regarding any of the modules, please contact -**

Tina Mitchell

Cornwall Training Hub

Education Programme Manager, OD and Workforce

[kernowhealthcic.workforce@nhs.net](mailto:kernowhealthcic.workforce@nhs.net)

**If you are not from the Cornwall area, please email Jeanette Jefferson (Senior Co-ordinator, Diabetes Education, Novo Nordisk)** [JJFF@novonordisk.com](mailto:JJFF@novonordisk.com) **with your postcode. Jeanette will be able to put you in contact with your local Diabetes Nurse who will be running MERIT courses in your area.**

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