**Cornwall Primary Care Training Hub Diabetes Training Guide (2021-2022)**

**NB: dates are repeated and ongoing for most courses. Next dates are shown where possible. Refer to Training Hub website for update or to register interest for individual course/pathways** [**https://www.kernowhealthcic.org.uk/cornwall-training-hub/**](https://www.kernowhealthcic.org.uk/cornwall-training-hub/) **For further support with competency assessment/ to discuss individual or team needs contact Jackie Heffer or Tina Mitchell at the Training Hub, quoting ‘PCDCA’** [**kernowhealthcic.workforce@nhs.net**](mailto:kernowhealthcic.workforce@nhs.net)

**Note: Where the same colour applies to different courses, these are considered to cover the same learning outcomes and one only should be completed**

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| **Training** | **Provider** | **Timescale/notes** |
| **Cambridge Diabetes Education Programme – topics:**     * What is Diabetes? * Screening, detection & prevention of type 2 diabetes * Physical activity & pre-diabetes, Type 2 & gestational diabetes * Nutrition * Hypos at Home (brief intro) * Hypoglycaemia (longer professional) * Driving with Diabetes * Hyperglycaemia * Oral Therapies * Injectable therapies * Safe use of insulin in the community * Structured Diabetes Education * Promoting Self-care * Mental health & Diabetes * Footcare, screening & risk assessment * Pregnancy & pre-conception care * Caring for the diabetic foot in a care or residential setting * Managing diabetes in care and nursing homes (inc. older person care needs) * Coronavirus and Diabetes (Inc. sick day rules) * Ramadan & Diabetes | CDEP via Training Hub  Programme uses a competency-based question style approach.  Select own start level  Provides links to all key documents for further learning. | Flexible on-line learning for all levels |
| **Clinicalskills.net**  Monitoring & injection procedures/technique | Clincalskills.net  Via Training Hub | Flexible on-line step-by-step best practice procedure guide |
| **Diabetes Anatomy & Physiology, Diagnosis and Monitoring** | Lilly | Tbc/enquire TH |
| **Pre-Insulin Treatment and Management** of People with Type 2 Diabetes MERIT (PITOM) | Novo Nordisk | August 2021 |
| **Diabetes Oral Therapies** | Lilly | Tbc/enquire TH |
| **Initiating GLP-1 Therapy in Diabetes** MERIT | Novo Nordisk | May 2021 |
| **Indication for insulin treatment**  **Initiating and onward insulin management** | Lilly | June 2021 |
| **Initiating Insulin** MERIT | Novo Nordisk | September 2021 |
| **Managing Patients on Insulin** MERIT | Novo Nordisk | December 2021 |
| **Diabetes Overview of Type 2, Thinking beyond HBA1c, Managing CVD Risk** | Lilly | Tbc/enquire TH |
| **Diabetes Complications, managing through Covid / sick day rules** | Lilly | Tbc/enquire TH |
| **Diabetes Person-Centred Annual Review** | Cornwall Training Hub | May/June 2021 |
| **Supporting Diabetes Self-management** | Cornwall Training Hub | July 2021 |
| **Diabetes Foot Care** | FRAME/CFT/Training Hub | Flexible/enquire TH |
| **Health Coaching Skills** | TPC  Kernow CCG | Autumn 2021/enquire TH |
| **Diabetes Prevention Program Awareness** | Kernow CCG | tbc/enquire TH |
| **Hypertension** | Cornwall Training Hub | See TH site/enquire TH |
| **Understanding Blood test investigations** | Cornwall Training Hub | See TH site/enquire TH |
| **Cardio-Vascular Disease** | Cornwall Training Hub | See TH site/enquire TH |
| **Advanced Primary Care Diabetes Clinical Management**  **Pathway Topics:**   * **Carbs, GI, fads, feeds and eating disorders** * **NMP Diabetes prescribing update: optimal treatment and cost-effective prescribing** * **Diabetes diagnosis and treatment in complex co-morbidity** * **Supporting type 1 diabetes in primary care & Essentials of CSII ‘pump’ therapy** * **Primary Care, pregnancy and pre-conception in diabetes** * **Managing the frail older person with diabetes** * **Lesser known neuropathies: hypo unawareness, postural hypotension, gastroparesis**   **For GP’s and nurses wishing to develop in PCN Diabetes Special Interest/lead roles:**   * **One to one advanced diabetes coaching for development is available from DSN Facilitators and specialist clinical team** * **PCN lead nurses and PCN GP’s with a special interest can also access further training opportunities to support development in the role. For details contact Jackie Heffer j.heffer@nhs.net** | Cornwall Training Hub  Kernow CCG | Contact Training Hub |