**Cornwall Primary Care Training Hub Diabetes Training Guide (2021-2022)**

**NB: dates are repeated and ongoing for most courses. Next dates are shown where possible. Refer to Training Hub website for update or to register interest for individual course/pathways** [**https://www.kernowhealthcic.org.uk/cornwall-training-hub/**](https://www.kernowhealthcic.org.uk/cornwall-training-hub/) **For further support with competency assessment/ to discuss individual or team needs contact Jackie Heffer or Tina Mitchell at the Training Hub, quoting ‘PCDCA’** **kernowhealthcic.workforce@nhs.net**

**Note: Where the same colour applies to different courses, these are considered to cover the same learning outcomes and one only should be completed**

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| **Training** | **Provider** | **Timescale/notes** |
| **Cambridge Diabetes Education Programme – topics:**  * What is Diabetes?
* Screening, detection & prevention of type 2 diabetes
* Physical activity & pre-diabetes, Type 2 & gestational diabetes
* Nutrition
* Hypos at Home (brief intro)
* Hypoglycaemia (longer professional)
* Driving with Diabetes
* Hyperglycaemia
* Oral Therapies
* Injectable therapies
* Safe use of insulin in the community
* Structured Diabetes Education
* Promoting Self-care
* Mental health & Diabetes
* Footcare, screening & risk assessment
* Pregnancy & pre-conception care
* Caring for the diabetic foot in a care or residential setting
* Managing diabetes in care and nursing homes (inc. older person care needs)
* Coronavirus and Diabetes (Inc. sick day rules)
* Ramadan & Diabetes
 | CDEP via Training HubProgramme uses a competency-based question style approach. Select own start levelProvides links to all key documents for further learning. | Flexible on-line learning for all levels |
| **Clinicalskills.net**Monitoring & injection procedures/technique | Clincalskills.netVia Training Hub | Flexible on-line step-by-step best practice procedure guide |
| **Diabetes Anatomy & Physiology, Diagnosis and Monitoring** | Lilly  | Tbc/enquire TH |
| **Pre-Insulin Treatment and Management** of People with Type 2 Diabetes MERIT (PITOM) | Novo Nordisk | August 2021 |
| **Diabetes Oral Therapies** | Lilly | Tbc/enquire TH |
| **Initiating GLP-1 Therapy in Diabetes** MERIT | Novo Nordisk | May 2021 |
| **Indication for insulin treatment****Initiating and onward insulin management** | Lilly | June 2021 |
| **Initiating Insulin** MERIT | Novo Nordisk | September 2021 |
| **Managing Patients on Insulin** MERIT | Novo Nordisk | December 2021 |
| **Diabetes Overview of Type 2, Thinking beyond HBA1c, Managing CVD Risk** | Lilly | Tbc/enquire TH |
| **Diabetes Complications, managing through Covid / sick day rules** | Lilly | Tbc/enquire TH |
| **Diabetes Person-Centred Annual Review** | Cornwall Training Hub | May/June 2021 |
| **Supporting Diabetes Self-management** | Cornwall Training Hub | July 2021 |
| **Diabetes Foot Care** | FRAME/CFT/Training Hub | Flexible/enquire TH |
| **Health Coaching Skills** | TPCKernow CCG | Autumn 2021/enquire TH |
| **Diabetes Prevention Program Awareness** | Kernow CCG | tbc/enquire TH |
| **Hypertension** | Cornwall Training Hub | See TH site/enquire TH |
| **Understanding Blood test investigations** | Cornwall Training Hub | See TH site/enquire TH |
| **Cardio-Vascular Disease** | Cornwall Training Hub | See TH site/enquire TH |
| **Advanced Primary Care Diabetes Clinical Management****Pathway Topics:*** **Carbs, GI, fads, feeds and eating disorders**
* **NMP Diabetes prescribing update: optimal treatment and cost-effective prescribing**
* **Diabetes diagnosis and treatment in complex co-morbidity**
* **Supporting type 1 diabetes in primary care & Essentials of CSII ‘pump’ therapy**
* **Primary Care, pregnancy and pre-conception in diabetes**
* **Managing the frail older person with diabetes**
* **Lesser known neuropathies: hypo unawareness, postural hypotension, gastroparesis**

**For GP’s and nurses wishing to develop in PCN Diabetes Special Interest/lead roles:*** **One to one advanced diabetes coaching for development is available from DSN Facilitators and specialist clinical team**
* **PCN lead nurses and PCN GP’s with a special interest can also access further training opportunities to support development in the role. For details contact Jackie Heffer j.heffer@nhs.net**
 | Cornwall Training HubKernow CCG | Contact Training Hub |