

Virtual Meeting Via Teams Part 1

Pre-insulin treatment options for the management of type 2 diabetes

10th November 2020

Kernow Health CIC,1st Floor Cudmore House,Oak Lane,Truro,TR1 3LP

Speaker :

Kirsty Osborne , Diabetes Education Nurse Facilitator, Novo Nordisk Ltd

**Dr Eddy Candy , Senior Regional Medical Advisor, Novo Nordisk Ltd**

**Emma Broome, Diabetes Specialist Nurse**

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| **14.00**  10 minutes | **Welcome and IT Check**  **Introduction to Merit™** | Objectives of Module  Mentorship | | Kirsty Osborne |
| **14.10**  15 Minutes | **Background to glycaemic control** | Pathophysiology and the importance  of glycaemic control | | Dr Eddy Candy |
| **14.25**  15 Minutes | **Treatment options** | Lifestyle changes | | Emma Broome |
| **14.50**  15 Minutes | **Nutrition Workshop** |  | | Kirsty Osborne |
| **15.05**  30 Minutes | **Pharmacological options** | Metformin Sulphonylureas Meglitinides Thiazolidinediones | | Dr Eddy Candy |
| **15.35**  20 Minutes | **More recent pharmacological therapies** | | SGLT-2 Inhibitors | Emma Broome |
| **16.00**  5 Minutes | **Summary and Close** | |  | Kirsty Osborne |

