

HYPERTENSION IN PRIMARY CARE— A TEAM APPROACH

A TWO PART ELEARNING RESOURCE :

EACH PART IS 50% PRELEARNING AND 50% LIVE VIRTUAL CONFERENCE

SUITABLE FOR HEALTH CARE PROFESSIONALS WORKING IN PRIMARY CARE WHO ARE INVOLVED IN THE MANAGEMENT OF HYPERTENSION INCLUDING HCA, PRACTICE NURSES, PARAMEDICS, PHARMACISTS AND GPS

BEST PRACTICE BP MEASUREMENT ,DIAGNOSIS, CVD RISK ASSESSMENT, PATIENT EDUCATION , ADHERENCE AND ANNUAL REVIEWS AND ONGOING MANAGEMENT AND MEDICATION

AGENDA

PART 1— MEASUREMENT AND DIAGNOSIS

3 PRE-LEARNING PRESENTATIONS AND ACTIVITIES ARE TO BE COMPLETED PRIOR TO THE SCHEDULED LIVE SESSION AS FOLLOWS:

1. HYPERTENSION –THE CHALLENGE FROM PRIMARY CARE (APPROX 30-MINUTES)
2. AN OVERVIEW OF BLOOD PRESSURE CONTROL AND THE PATHOPHYSIOLOGY OF HYPERTENSION (APPROX 30 MINUTES)
3. MEASURING AND ASSESSMENT OF BP (APPROX 30-MINUTES)

LIVE—FRIDAY 20TH NOVEMBER

- 9.30-12.00 QUIZ AND INTRODUCTION
- 9.45– 10.30 ON EXAMINATION, BP RAISED
- 10.45 –11.00 COMFORT BREAK
- 11.00 -12.00 CASE STUDIES, QUESTIONS AND ANSWERS AND SHARING BEST PRACTICE

PART 2— ON GOING MANAGEMENT AND MECICATION

2 PRE-LEARNING PRESENTATIONS AND ACTIVITIES TO BE COMPLETED PRIOR SCHEDULED LIVE AS FOLLOWS :

1. CVD RISK ASSESSMENT (APPROX 30-MINUTES)
2. MANAGING HYPERTENSION LIVE (APPROX 30 MINUTES)

LIVE –THURSDAY 26TH NOVEMBER 9.30-12.00

- 9.30-9.45 QUIZ AND INTRODUCTION
- 9.45 –10.45 MEDICATION AND ALGORYHTRHS FOR HT
- 10.45-11.00 COMFORT BREAK
- 11.00-12.00 TREATING TO TARGET, CASE STUDIES Q+A



Delivered by :

Judith Magowan

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BSc/ PG cert ED/ MSC diploma Clinical Ed

- NICE 2019 Hypertension Guidelines committee Member.
- British and Irish hypertension allied health care professional working party member

Judith is the long-term condition lead at Okehampton Medical Centre where in the nurse-led hypertension clinic patients are investigated, diagnosis, monitored and managed

She has delivered education on Hypertension for Plymouth university , the British and Irish Hypertension Society and Devon and Cornwall Training Hub

DATES

PART 1

Friday 20th November 9.30-1200

PART 2

Thursday 26th November 9.30-12.00

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