

DIABETES SUPPORT TO PRIMARY CARE DURING THE COVID-19 OUTBREAK



Dear Practice Manager,

Due to a combination of factors, the Coronavirus pandemic will severely impact primary care's ability to continue to provide normal services for the assessment and treatment of people with diabetes. Therefore, we want to share some useful resources both for your surgery and to signpost your patients to should they require additional support during this time of isolation.

Diabetes Healthcare Professional Advice Line:

From Monday 30 March Cornwall diabetes specialist nurse team will have a **seven day "hot line"** for health care professionals **only** requiring diabetes advice/support during the COVID-19 crisis. This service will operate initially between the hours of **9am and 2pm**. The telephone number for this team is **01872 254934**.

National Diabetes Prevention Programme

As you will be aware the National Diabetes Prevention Programme's (NDPP) face to face offer has temporarily been replaced by a remote offer in response to COVID-19 and government guidelines around social distancing. Diabetes UK has produced some useful resources which might help to support NDPP Healthier You participants who are now accessing the programme remotely or have chosen to pause participation until the face to face provision resumes.

Diabetes UK has a range of resources available which might be useful for you to signpost people to. These relate to exercise (staying active at home), diet, and mental wellbeing in particular. The last link, 'Staying home', is specifically tailored to the current situation and covers how to look after yourself when you are staying home and/or self-isolating due to COVID-19:

- www.diabetes.org.uk/preventing-type-2-diabetes/prediabetes
- www.diabetes.org.uk/preventing-type-2-diabetes/diabetes-risk-factors
- www.diabetes.org.uk/guide-to-diabetes/managing-your-diabetes/staying-home

Diabetes patient information videos (Health & Care Videos)

Practices now have access to a suite of 50 videos in the NHS Kernow library which cover topics including general self-care, looking after your feet, maintaining a healthy diet, preparing for pregnancy etc. These are accessible to the public through the practice website or at <https://kernowccg-diabetes.healthandcarevideos.com>

Please do contact j.ogborne@nhs.net if you would like this free resource downloaded onto your practice system.

Cambridge Diabetes Education Programme (CDEP) on line training for Health Care Professionals

CDEP has created a mini-topic providing basic information about COVID-19 and how people living with diabetes may need to be supported during this challenging time. The topic points towards reputable UK-based resources and will be updated daily to ensure it is kept up-to-date as things rapidly evolve. It is designed to be completed in ± 10 minutes and early feedback has been very positive. It is very easy to register a CDEP account:-

1. Go to the website: www.cdep.org.uk
2. Click on the link: SIGN IN/REGISTER
3. Under NEW CANDIDATE REGISTRATION enter your EMAIL address and click CREATE ACCOUNT.
4. Complete the registration page, but don't forget to enter the REGISTRATION KEY CODE: **SWCVCN** for FREE access

Diabetic Feet

Referral guidance for diabetic feet can be accessed through the Referral Management Service http://rms.kernowccg.nhs.uk/primary_care_clinical_referral_criteria/coronavirus

If you require additional information, please do not hesitate to contact either the professional helpline or you can contact the Planned Care Team email address at kccg.plannedcare@nhs.net

Keep safe and we know this is a very difficult time for everyone, but we are here to support you. Thank you.