**Fundamentals of General Practice Nursing**

**University of Plymouth**

This course comprises three clinically focussed modules, aiming to support the development of nurses and AHP practitioners who are new to General Practice. Each module builds on knowledge and competencies gained from the previous one. For example: primary prevention, identification, and management of cardiovascular risk factors is explored in Module 1, and secondary prevention in cardiovascular and endocrine conditions in the following modules. Module 1 also addresses physical health in mental health and learning disability, plus key areas of asthma management and frailty. Some skills based competencies, e.g: Immunisation of children and adults, or ear care, are offered as optional clinical sessions early in Module 1. These are not required by all students, thus are taught on days otherwise set aside for highly directed online study which can be accessed at other times within the 24 days of the course.

Module 1:

* Primary Prevention, Health Promotion, Health Screening
* Immunisations of children and adults
* Ear Care
* Physical Health in Mental Health and Learning Disability
* Diagnosis & Management of Hypertension (+ understanding pharmacological therapies)
* Introduction to Asthma management in Primary Care
* Frailty

Module 2:

* Managing consultations
* History taking and basic clinical examination skills
* Using technology in healthcare
* Tissue viability and wound care
* Multi-morbidity and polypharmacy
* Secondary prevention in CVD Atrial fibrillation, Care post MI, stroke and TIA
* Dementia

Module 3

* Contraception and Sexual Health
* An introduction to neurological diseases
* Epilepsy
* Diabetes
* Chronic Obstructive Pulmonary Disease
* Travel Health
* Evidence based guidance: focus on common conditions (e.g: arthritis, heart failure)

Each taught day has a suggested work-based activity to embed knowledge. This provides evidence to support competency achievement. Students are additionally encouraged to access online learning and to create and participate in communities of practice.

As always the course is taught by current practitioners and therefore will be flexible in terms of content.